

Coup de Mot: Using Poetry to Reimagine Mental Health

Steven T. LICARDI

<https://www.facebook.com/steven.licardi>

Presentation, 60 mn

March 29, from 3:30 to 4:30 pm CET

In this series, poet and performance activist Steven T. Licardi will use poetry to build a more loving relationship with our mental health. He will explore the legacy of mental health treatment and critically examine the ways in which we each continue to contribute to that legacy. Participants will familiarize themselves with creative writing techniques to empower individuals and subvert historic narratives.